

**Holy Communion at St Paul's, Ashgrove**  
**Pentecost 14 (Ordinary 22 ) Year B**  
**29<sup>th</sup> August 2021**

**GATHERING IN GOD'S NAME**

**HYMN: Will you come and follow me**

Will you come and follow me, if I but call your name?  
Will you go where you don't know and never be the same?  
Will you let my love be shown,  
will you let my name be known,  
will you let my life be grown in you and you in me?

Will you leave your self behind if I but call your name?  
Will you care for cruel and kind and never be the same?  
Will you risk the hostile stare  
should your life attract or scare,  
will you let me answer prayer in you and you in me?

Will you let the blinded see, if I but call your name?  
Will you set the prisoner free and never be the same?  
Will you kiss the leper clean  
And do such as this unseen,  
And admit to what I mean in you and you in me?

Will you love the 'you' you hide if I but call your name?  
Will you quell the fear inside and never be the same?  
Will you use the faith you've found  
to reshape the world around  
through my sight and touch and sound in you and you in me?

Lord, your summons echoes true when you but call my name.  
Let me turn and follow you and never be the same.  
In your company I'll go  
where your love and footsteps show.  
Thus I'll move and live and grow in you and you in me.

*Words & Music: Graham Maule, John L. Bell / Scottish Traditional "Kelvin Grove"*  
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(TIS 679 for music)

P: Blessed be God: Father, Son and Holy Spirit.  
**Blessed be God's kingdom, now and for ever.**

P: The Lord be with you.  
**And also with you.**

LA: We acknowledge the custodians of the land where we gather today – the Yuggera and Ugarapul people – we celebrate their culture, thank them for their care of this land and pay respects to their Elders, past, present and emerging.

LA: Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. James 1.17

LA: [Let us pray.]

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Glory to God in the highest,  
and peace to God's people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

P: Cleanse our consciences, O Lord,  
and enlighten our hearts  
through the daily presence of your Son Jesus Christ,  
that when he comes in glory to be our judge  
we may be found undefiled and acceptable in his sight;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen **Amen.**

## A reading from the book of Song of Solomon 2.8-13

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. <sup>9</sup>My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. <sup>10</sup>My beloved speaks and says to me: "Arise, my love, my fair one, and come away; <sup>11</sup>for now the winter is past, the rain is over and gone. <sup>12</sup>The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. <sup>13</sup>The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away.

Hear the word of the Lord,

**Thanks be to God.**

## **Psalm 45**

- 1 My heart is astir with fine phrases,  
I make my song for a king:  
my tongue is the pen of a ready writer.
- 2 **You are the fairest of men,  
grace flows from your lips:  
therefore has God blessed you for ever and ever.**
- 6 Your throne is the throne of God, it endures for ever:  
and the sceptre of your kingdom is a righteous sceptre.
- 7 **You have loved righteousness and hated evil:  
therefore God, your God, has anointed you  
with the oil of gladness above your fellows.**
- 8 All your garments are fragrant  
with myrrh, aloes and cassia:  
music from ivory palaces makes you glad.
- 9 **Kings' daughters are among your noble women:  
the queen is at your right hand in gold of Ophir.**

## **A reading from the letter of James 1.17-27**

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act – they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Hear the word of the Lord,

**thanks be to God**

**HYMN: TiS 428      Help us, O Lord, to learn**

The gospel of our Lord Jesus Christ according to Mark, chapter 7 beginning at verse 1  
**Glory to you Lord Jesus Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them,

"Isaiah prophesied rightly about you hypocrites, as it is written,

'This people honours me with their lips,

but their hearts are far from me;

in vain do they worship me,

teaching human precepts as doctrines.'

You abandon the commandment of God and hold to human tradition."

...

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile."

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, "Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?" (Thus he declared all foods clean.) And he said, "It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

For the Gospel of the Lord,  
**praise to you Lord Jesus Christ.**

**Sermon**

*Silence*

**LA: Nicene Creed**

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

#### **LA: THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

.....

LA: Accept our prayers through Jesus Christ our Lord, who taught us to pray,  
**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours now and for ever.  
Amen.**

**Lord, have mercy  
Christ, have mercy  
Lord, have mercy**

LA: 'Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'  
Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

LA: Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God, our maker and our judge, we have sinned against you  
in thought, word, and deed, and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

P: Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. Amen.

P: We are the body of Christ. **His Spirit is with us.**  
The peace of the Lord be always with you. **And also with you.**

*All may exchange a sign of peace, maintaining 1.5m separation and without touching.*

#### **HYMN: TiS 629      When I needed a Neighbour**

*Note that we cannot pass collection bowls around at this time. There is a box at the back of the building to receive your offerings.*

#### **THANKSGIVING 4 (APBA136)**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

All thanks and praise, glory and honour,

be yours at all times, in every place,

holy and loving Father, true and living God.

We praise you that through your eternal Word

you brought the universe into being

and made us in your own image.

You have given us this earth to care for and delight in,

and with its bounty you preserve our life.

We thank you that you bound yourself to the human race

with the promises of a gracious covenant

and called us to serve you in love and peace.

Above all, we give you thanks for your Son,

our Saviour Jesus Christ:

born as one of us, he lived our common life

and offered his life to you in perfect obedience and trust.

By his death he delivered us from sin, brought us new life,

and reconciled us to you and to one another.

Therefore with angels and archangels,  
with apostles and prophets,  
with holy men and women of every age,  
we proclaim your great and glorious name:  
**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of Lord.  
Hosanna in the highest.**

Holy God, we thank you  
for these gifts of your creation, this bread and wine,  
and we pray that we who eat and drink them  
in obedience to our Saviour Christ,  
by the power of the Holy Spirit,  
may be partakers of his body and blood,  
and be made one with him and with each other  
in peace and love.

On the night he was betrayed Jesus took bread;  
and when he had given you thanks  
he broke it, and gave it to his disciples, saying,  
'Take, eat. This is my body given for you.  
Do this in remembrance of me.'

After supper, he took the cup,  
and again giving you thanks  
he gave it to his disciples, saying,  
'Drink from this, all of you.  
This is my blood of the new covenant  
shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.'

**Christ has died.  
Christ is risen.  
Christ will come again.**

Therefore we do as our Saviour has commanded:  
proclaiming his offering of himself  
made once for all upon the cross,  
his mighty resurrection and glorious ascension,  
and looking for his coming again,  
we celebrate, with this bread and this cup,  
his one perfect and sufficient sacrifice  
for the sins of the whole world.

As we eat and drink this holy sacrament,  
renew us by your Spirit  
that we may be united in the body of your Son  
and serve you as a royal priesthood  
in the joy of your eternal kingdom.

Receive our praises, Father,  
through Jesus Christ our Lord,  
with whom and in whom,  
by the power of the Holy Spirit,  
we worship you in songs of never-ending praise:  
**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

*The priest says*

We break this bread to share in the body of Christ.  
We who are many are one body,  
for we all share in the one bread.

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us your peace.**

The gifts of God for the people of God. Come let us take this holy sacrament in remembrance that Christ died for us, and feed on him in our hearts by faith with thanksgiving.

*Special Covid-19 Guidelines: Please come forward to receive communion (bread only). Maintain 1.5m separation as you move forward. Queue close to the pew – not in the centre of the aisle – in one line. Sanitise hands. Receive the bread while standing and return to your seat.*

*While others are receiving communion you may wish to listen or quietly sing along to the communion hymn while remaining seated.*

**Communion Hymn (Not announced): TiS 699**

**A new commandment**

Living God,  
in this holy meal you fill us with new hope.  
May the power of your love  
which we have known in word and sacrament,  
continue your saving work among us,  
give us courage for our pilgrimage,  
and bring us to the joys you promise.

**Most loving God,  
you send us into the world you love.  
Give us grace to go thankfully and with courage  
in the power of your Spirit.**

*Announcements*



*Please stand as you are able for the blessing:*

P: The peace of God which passes all understanding  
keep your hearts and minds in the knowledge and love of God,  
and of his Son, Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. Amen.

LA: Go in peace to love and serve the Lord: **In the name of Christ. Amen**

### **CHRIST BE OUR LIGHT**

Longing for light, we wait in darkness.  
Longing for truth, we turn to you.  
Make us your own, your holy people,  
Light for the world to see.

*Christ, be our light!  
Shine in our hearts. Shine through the darkness.  
Christ, be our light!  
Shine in your church, gathered today.*

Longing for peace, our world is troubled.  
Longing for hope, many despair.  
Your word alone has pow'r to save us.  
Make us your living voice. *Refrain*

Longing for food, many are hungry.  
Longing for water, many still thirst.  
Make us your bread, broken for others,  
Shared until all are fed. *Refrain*

Longing for shelter, many are homeless.  
Longing for warmth, many are cold.  
Make us your building, sheltering others,  
Walls made of living stone. *Refrain*

Many the gifts, many the people,  
Many the hearts that yearn to belong.  
Let us be servants to one another,  
Making your kingdom come. *Refrain*

*Words & Music: Bernadette Farrell 1987 by OCP Publications      Mission Praise 1201*