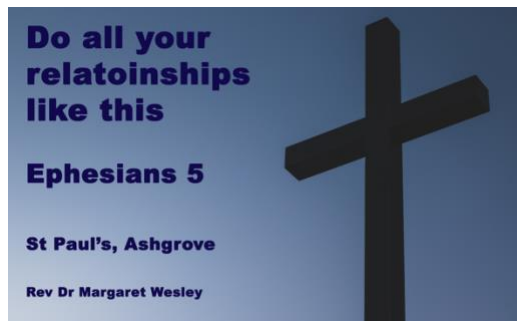


# Holy Communion

## at St Paul's, Ashgrove,

### Pentecost 12, 2021



P: Welcome

P: Hymn: From Heaven You Came (TIS 256)

P: Blessed be God: Father, Son and Holy Spirit.  
**Blessed be God's kingdom, now and for ever.**  
The Lord be with you  
**And also with you**

LA: We acknowledge the custodians of the land where we gather today - the Yuggera and Ugarapul people. We celebrate their culture, thank them for their care of the land and pay respects to their elders: past, present and emerging.

LA: Jesus said, 'Those who eat my flesh and drink my blood abide in me, and I in them.'  
John 6.56

LA: [Let us pray.]  
**Almighty God,**  
**to whom all hearts are open,**  
**all desires known,**  
**and from whom no secrets are hidden:**  
**cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name,**  
**through Christ our Lord. Amen.**

**Glory to God in the highest,**  
**and peace to God's people on earth.**  
**Lord God, heavenly King,**  
**almighty God and Father,**  
**we worship you, we give you thanks,**  
**we praise you for your glory.**  
**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God,**  
**you take away the sin of the world:**  
**have mercy on us;**  
**you are seated at the right hand of the Father:**  
**receive our prayer.**  
**For you alone are the Holy One,**  
**you alone are the Lord,**  
**you alone are the Most High**  
**Jesus Christ, with the Holy Spirit,**  
**in the glory of God the Father. Amen.**

P: Everliving God,  
your Son, Jesus Christ,  
gave himself as living bread for the life of the world:  
give us such a knowledge of his presence  
that we may be strengthened and sustained by his risen life  
to serve you continually;  
through Jesus Christ our Lord,  
who lives and reigns with you in unity with the Holy Spirit,  
one God, for ever and ever. **Amen.**

## **2 Samuel 7.1-14a**

### **1 Kings 2.10-12; 3.3-14**

**2** <sup>10</sup> Then David slept with his ancestors, and was buried in the city of David. <sup>11</sup> The time that David reigned over Israel was forty years; he reigned for seven years in Hebron, and thirty-three years in Jerusalem. <sup>12</sup> So Solomon sat on the throne of his father David; and his kingdom was firmly established. **3** <sup>3</sup> Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. <sup>4</sup> The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt-offerings on that altar. <sup>5</sup> At Gibeon the Lord appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' <sup>6</sup> And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. <sup>7</sup> And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. <sup>8</sup> And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. <sup>9</sup> Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?' <sup>10</sup> It pleased the Lord that Solomon had asked this. <sup>11</sup> God said to him, 'Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, <sup>12</sup> I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. <sup>13</sup> I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. <sup>14</sup> If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life.'

For the word of the Lord, **Thanks be to God.**

## **Psalm 111**

<sup>1</sup> O praise the Lord. I will praise the Lord  
with my whole heart:

in the company of the upright  
and among the congregation.

**<sup>2</sup> The works of the Lord are great:  
and studied by all who take delight in them.**

<sup>3</sup> His deeds are majestic and glorious:  
and his righteousness stands for ever.

**<sup>4</sup> His marvellous acts have won him a name  
to be remembered:**

**the Lord is gracious and merciful.**

<sup>5</sup> He gives food to those that fear him:  
he remembers his covenant for ever.

**<sup>6</sup> He showed his people the power of his acts:  
in giving them the heritage of the heathen.**

<sup>7</sup> The works of his hands are faithful and just:  
and all his commandments are sure;

**<sup>8</sup> They stand firm for ever and ever:  
they are done in faithfulness and in truth.**

<sup>9</sup> He sent redemption to his people,  
he ordained his covenant for ever:  
holy is his name and worthy to be feared.

**<sup>10</sup> The fear of the Lord is the beginning of wisdom,  
and of good understanding are those  
that keep his commandments:  
his praise shall endure for ever.**

### **Ephesians 5.11-31**

<sup>11</sup> Take no part in the unfruitful works of darkness, but instead expose them.

<sup>12</sup> For it is shameful even to mention what such people do secretly;

<sup>13</sup> but everything exposed by the light becomes visible,

<sup>14</sup> for everything that becomes visible is light. Therefore it says,

‘Sleeper, awake!

Rise from the dead,  
and Christ will shine on you.’

<sup>15</sup> Be careful then how you live, not as unwise people but as wise,

<sup>16</sup> making the most of the time, because the days are evil.

<sup>17</sup> So do not be foolish, but understand what the will of the Lord is.

<sup>18</sup> Do not get drunk with wine, for that is debauchery; but be filled with the Spirit,

<sup>19</sup> as you sing psalms and hymns and spiritual songs among yourselves, singing and making  
melody to the Lord in your hearts,

<sup>20</sup> giving thanks to God the Father at all times and for everything in the name of our Lord Jesus  
Christ.

<sup>21</sup> Be subject to one another out of reverence for Christ.

<sup>22</sup> Wives, be subject to your husbands as you are to the Lord.

<sup>23</sup> For the husband is the head of the wife just as Christ is the head of the church, the body of  
which he is the Saviour.

<sup>24</sup> Just as the church is subject to Christ, so also wives ought to be, in everything, to their  
husbands.

<sup>25</sup> Husbands, love your wives, just as Christ loved the church and gave himself up for her,

<sup>26</sup> in order to make her holy by cleansing her with the washing of water by the word,

<sup>27</sup> so as to present the church to himself in splendour, without a spot or wrinkle or anything of the  
kind—yes, so that she may be holy and without blemish.

<sup>28</sup> In the same way, husbands should love their wives as they do their own bodies. He who loves  
his wife loves himself.

<sup>29</sup> For no one ever hates his own body, but he nourishes and tenderly cares for it, just as Christ  
does for the church,

<sup>30</sup> because we are members of his body.

<sup>31</sup> ‘For this reason a man will leave his father and mother and be joined to his wife, and the two will  
become one flesh.’

For the word of the Lord,  
**thanks be to God.**

**LA: SONG**      Kneels at the Feet of His Friends (TiS 640)

The Lord be with you.      **And also with you.**

The Gospel of our Lord Jesus Christ according to Mark chapter 6 beginning at verse 1.  
**Glory to you Lord Jesus Christ.**

**John 6.51-58**

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' <sup>52</sup> The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup> So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup> for my flesh is true food and my blood is true drink. <sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup> Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

For the Gospel of the Lord, **praise to you Lord Jesus Christ.**

**Sermon**

**Silence**

**LA: Nicene Creed**

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,**

who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**LA: THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

...

LA: Accept our prayers through Jesus Christ our Lord, who taught us to pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

Lord, have mercy  
**Christ, have mercy**  
Lord, have mercy

LA: God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, with a sincere and a true heart.

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

P: Almighty God,  
who has promised forgiveness

to all who turn to him in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. Amen.

P: We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. **And also with you.**

*All may exchange a sign of peace, maintaining 1.5m separation and without touching.*

P: **Song:** Brother, Sister Let Me Serve You (TiS 650)

*Note that we cannot pass collection bowls around at this time. There is a box at the back of the building to receive your offerings. Alternatively, please consider giving electronically through your bank. St Paul's bank details are BSB: 704901 Acc NO: 00004420*

P: The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Loving God,  
we thank you for this world of wonder and delight.  
You have given it to us to care for,  
so that all your creatures may enjoy its bounty.  
Lord our God,  
**we give you thanks and praise.**

We thank you that when we turned away from you,  
you sent Jesus to live and work as one of us,  
and bring us back to you.  
He showed us how to love you  
and set us free to love and serve one another.  
Lord our God,  
**we give you thanks and praise.**

We thank you that on the cross  
Jesus took away our sin,  
all that keeps us from each other and from you.  
He frees us from hate and fear,  
from all that destroys love and trust.  
Lord our God,  
**we give you thanks and praise.**

And so with everyone who believes in you,  
with all the saints and angels,  
we rejoice and praise you, saying:  
**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.**

**Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

And now we thank you  
for these gifts of bread and wine;  
may we who receive them,  
as Jesus said,  
share his body and his blood.  
On the night he was betrayed, he took bread  
and gave you thanks.  
He broke the bread and gave it to his friends, and said,  
'Take and eat. This is my body given for you.  
Do this in remembrance of me.'  
After supper he took the cup  
and gave you thanks.  
He shared the cup with them and said,  
'This is my blood poured out  
so that sins may be forgiven.  
Do this in remembrance of me.'

**Christ has died.  
Christ is risen.  
Christ will come again.**

You have gathered us together  
to feed on Christ  
and to remember all he has done for us:  
Fill us with your Spirit  
that we may follow Jesus  
in all we do and say,  
working for justice and bringing your peace  
to this world that you have made.  
Accept our prayers through Jesus Christ our Lord.  
**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

***Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us your peace.***

The gifts of God for the people of God. Come let us take this holy sacrament in remembrance that Christ died for us, and feed on him in our hearts by faith with thanksgiving.

*Song (Not announced): A New Commandment (TiS 699)*

Living God,  
in this holy meal you fill us with new hope.  
May the power of your love,  
which we have known in word and sacrament,  
continue your saving work among us,  
give us courage for our pilgrimage,  
and bring us to the joys you promise.

**Most loving God,  
you send us into the world you love.  
Give us grace to go thankfully and with courage  
in the power of your Spirit.**

### Announcements

*Please stand and be blessed:*

P: The peace of God which passes all understanding  
keep your hearts and minds in the knowledge  
and love of God, and of his Son,  
Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

LA: Go in peace to love and serve the Lord:  
**In the name of Christ. Amen**

P: **Song:** Christ Be My Leader (SLADE) (TiS 624)

#### ACKNOWLEDGEMENTS

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