

# Holy Communion

## at St Paul's, Ashgrove,

### Pentecost 13, 2021



P: Welcome

P: Hymn: Our God Our Help in Ages Past (TiS 47)

P: Blessed be God: Father, Son and Holy Spirit.  
**Blessed be God's kingdom, now and for ever.**  
The Lord be with you  
**And also with you**

LA: We acknowledge the custodians of the land where we gather today - the Yuggera and Ugarapul people. We celebrate their culture, thank them for their care of the land and pay respects to their elders: past, present and emerging.

LA: Jesus said, 'It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life.' John 6.63

LA: [Let us pray.]  
**Almighty God,**  
**to whom all hearts are open,**  
**all desires known,**  
**and from whom no secrets are hidden:**  
**cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name,**  
**through Christ our Lord. Amen.**

**Glory to God in the highest,**  
**and peace to God's people on earth.**  
**Lord God, heavenly King,**  
**almighty God and Father,**  
**we worship you, we give you thanks,**  
**we praise you for your glory.**  
**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God,**  
**you take away the sin of the world:**  
**have mercy on us;**  
**you are seated at the right hand of the Father:**  
**receive our prayer.**  
**For you alone are the Holy One,**  
**you alone are the Lord,**  
**you alone are the Most High**  
**Jesus Christ, with the Holy Spirit,**  
**in the glory of God the Father. Amen.**

P: Everliving God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear the prayers we offer for all your faithful people,  
that in the ministry to which you have called them  
each may serve you in holiness and truth;  
through our Lord and Saviour Jesus Christ,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

### **1 Kings 8.1, 8.6, 8.10-11, 8.22-30, 8.41-43**

<sup>1</sup> Then Solomon assembled the elders of Israel and all the heads of the tribes, the leaders of the ancestral houses of the Israelites, before King Solomon in Jerusalem, to bring up the ark of the covenant of the Lord out of the city of David, which is Zion. <sup>6</sup> Then the priests brought the ark of the covenant of the Lord to its place, in the inner sanctuary of the house, in the most holy place, underneath the wings of the cherubim. <sup>10</sup> And when the priests came out of the holy place, a cloud filled the house of the Lord, <sup>11</sup> so that the priests could not stand to minister because of the cloud; for the glory of the Lord filled the house of the Lord. <sup>22</sup> Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. <sup>23</sup> He said, 'O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, <sup>24</sup> the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. <sup>25</sup> Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised him, saying, "There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me." <sup>26</sup> Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David. <sup>27</sup> 'But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! <sup>28</sup> Have regard to your servant's prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; <sup>29</sup> that your eyes may be open night and day towards this house, the place of which you said, "My name shall be there", that you may heed the prayer that your servant prays towards this place. <sup>30</sup> Hear the plea of your servant and of your people Israel when they pray towards this place; O hear in heaven your dwelling-place; heed and forgive. <sup>41</sup> 'Likewise when a foreigner, who is not of your people Israel, comes from a distant land because of your name <sup>42</sup> <<—for they shall hear of your great name, your mighty hand, and your outstretched arm—when a foreigner comes and prays towards this house, <sup>43</sup> then hear in heaven your dwelling-place, and do according to all that the foreigner calls to you, so that all the peoples of the earth may know your name and fear you, as do your people Israel, and so that they may know that your name has been invoked on this house that I have built.

For the word of the Lord, **Thanks be to God.**

### **Psalm 34.15-22**

<sup>15</sup> The eyes of God are on the righteous:  
**and his ears towards their cry.**

<sup>16</sup> The Lord sets his face against wrongdoers:  
**to root out their memory from the earth.**

<sup>17</sup> The righteous cry; the Lord hears it:  
**and frees them from all their afflictions.**

<sup>18</sup> The Lord is close to those who are broken-hearted:  
**and the crushed in spirit he saves.**

<sup>19</sup> The trials of the righteous are many:  
**but our God delivers us from them all.**

<sup>20</sup> He guards all our bones:  
**so that not one is broken.**

<sup>21</sup> Evil will slay the wicked:  
**and those who hate the righteous will be destroyed.**

<sup>22</sup> The Lord ransoms the lives of his servants:  
**and none who hide in him will be destroyed.**

### **Ephesians 6.10-20**

<sup>10</sup> Finally, be strong in the Lord and in the strength of his power. <sup>11</sup> Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. <sup>12</sup> For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. <sup>13</sup> Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. <sup>14</sup> Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. <sup>15</sup> As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. <sup>16</sup> With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation, and the sword of the Spirit, which is the word of God. <sup>18</sup> Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. <sup>19</sup> Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

For the word of the Lord,  
**thanks be to God.**

**LA: SONG** Rejoice, The Lord is King (TiS 216)

The Lord be with you. **And also with you.**

The Gospel of our Lord Jesus Christ according to Mark chapter 6 beginning at verse 1.  
**Glory to you Lord Jesus Christ.**

### **John 6.56-69**

<sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup> Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' <sup>59</sup> He said these things while he was teaching in the synagogue at Capernaum. <sup>60</sup> When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' <sup>61</sup> But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? <sup>62</sup> Then what if you were to see the Son of Man ascending to where he was before? <sup>63</sup> It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. <sup>64</sup> But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. <sup>65</sup> And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.' <sup>66</sup> Because of this many of his disciples turned back and no longer went about with him. <sup>67</sup> So Jesus asked the twelve, 'Do you also wish to go away?' <sup>68</sup> Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. <sup>69</sup> We have come to believe and know that you are the Holy One of God.'

For the Gospel of the Lord, **praise to you Lord Jesus Christ.**

## Sermon

## Silence

### LA: Nicene Creed

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### LA: THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

...

LA: Accept our prayers through Jesus Christ our Lord, who taught us to pray,

**Our Father in heaven,  
hallowed be your name,**

**your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

Lord, have mercy  
**Christ, have mercy**  
Lord, have mercy

LA: God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, with a sincere and a true heart.

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

P: Almighty God,  
who has promised forgiveness  
to all who turn to him in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. Amen.

P: We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. **And also with you.**

*All may exchange a sign of peace, maintaining 1.5m separation and without touching.*

P: **Song:** Jesus, Lover of My Soul (TiS 211i)

*Note that we cannot pass collection bowls around at this time. There is a box at the back of the building to receive your offerings. Alternatively, please consider giving electronically through your bank. St Paul's bank details are BSB: 704901 Acc NO: 00004420*

P: The Lord be with you.  
**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Loving God,  
we thank you for this world of wonder and delight.  
You have given it to us to care for,  
so that all your creatures may enjoy its bounty.  
Lord our God,  
**we give you thanks and praise.**

We thank you that when we turned away from you,  
you sent Jesus to live and work as one of us,  
and bring us back to you.  
He showed us how to love you  
and set us free to love and serve one another.  
Lord our God,  
**we give you thanks and praise.**

We thank you that on the cross  
Jesus took away our sin,  
all that keeps us from each other and from you.  
He frees us from hate and fear,  
from all that destroys love and trust.  
Lord our God,  
**we give you thanks and praise.**

And so with everyone who believes in you,  
with all the saints and angels,  
we rejoice and praise you, saying:  
**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

And now we thank you  
for these gifts of bread and wine;  
may we who receive them,  
as Jesus said,  
share his body and his blood.  
On the night he was betrayed, he took bread  
and gave you thanks.  
He broke the bread and gave it to his friends, and said,  
'Take and eat. This is my body given for you.  
Do this in remembrance of me.'  
After supper he took the cup  
and gave you thanks.  
He shared the cup with them and said,  
'This is my blood poured out  
so that sins may be forgiven.  
Do this in remembrance of me.'

**Christ has died.  
Christ is risen.  
Christ will come again.**

You have gathered us together  
to feed on Christ  
and to remember all he has done for us:  
Fill us with your Spirit  
that we may follow Jesus  
in all we do and say,  
working for justice and bringing your peace  
to this world that you have made.  
Accept our prayers through Jesus Christ our Lord.  
**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

***Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us your peace.***

The gifts of God for the people of God. Come let us take this holy sacrament in remembrance that Christ died for us, and feed on him in our hearts by faith with thanksgiving.

*Song (Not announced): You are my hiding place (TiS 754)*

Living God,  
in this holy meal you fill us with new hope.  
May the power of your love,  
which we have known in word and sacrament,  
continue your saving work among us,  
give us courage for our pilgrimage,  
and bring us to the joys you promise.

**Most loving God,  
you send us into the world you love.  
Give us grace to go thankfully and with courage  
in the power of your Spirit.**

### **Announcements**

*Please stand and be blessed:*

P: The peace of God which passes all understanding  
keep your hearts and minds in the knowledge  
and love of God, and of his Son,  
Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

LA: Go in peace to love and serve the Lord:  
**In the name of Christ. Amen**

P: **Song:** God is our Strength and Refuge (TiS 28)

ACKNOWLEDGEMENTS

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