

**Holy Communion
at St Paul's, Ashgrove
Lent 3, 2023**

Song: The Summons (SPHB 29)

**Bless the Lord who forgives all our sins
Whose mercy endures forever**

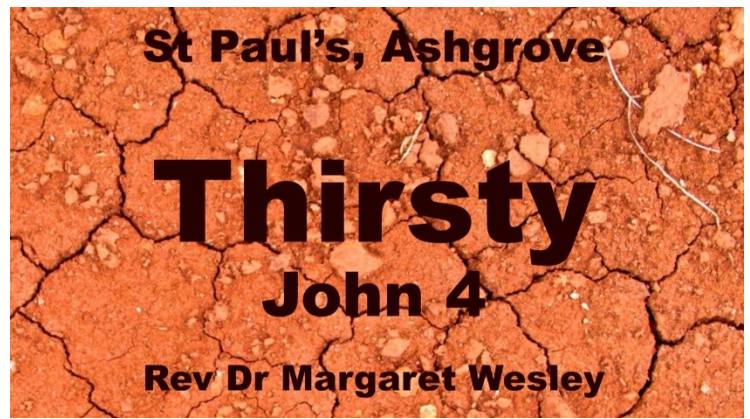
The Lord be with you.
And also with you

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

Lord of the wellspring,
source of life and truth:
Jesus asked for water
from the hands of a woman
in the land of the stranger;
may he teach us to name our need,
to love our neighbour
and to worship you
in spirit and in truth,
through Jesus Christ, who shows us who we are. **Amen.**

**God of the nations,
whose sovereign rule brings justice and peace,
have mercy on our broken and divided world.
Shed abroad your peace in the hearts of all
and banish from them the spirit that makes for war,
that all races and peoples may learn to live
as members of one family
and in obedience to your law,
through your Son, Jesus Christ our Lord. Amen**

**God who made our home,
And made your home with us,
Yet often had no place to lay your head,
Have mercy today on all who have no home.
Provide shelter and protection,
A future and a hope,
To all whose beds tonight will be unsafe, unstable or exposed.
Grant wisdom and compassion,
To everyone with power or resources**



**To provide housing solutions,
So that all may live in peace
And share with equity and thanksgiving
The good things you provide
Through Jesus Christ our Lord. Amen**

Exodus 17: 1-7

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' ³ But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' ⁴ So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' ⁵ The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

For the word of the Lord, **Thanks be to God.**

Psalm 95

¹ O come, let us sing out to the Lord:
let us shout in triumph to the rock of our salvation.
² Let us come before his face with thanksgiving:
and cry out to him joyfully in psalms.
³ For the Lord is a great God:
and a great king above all gods.
⁴ In his hand are the depths of the earth:
and the peaks of the mountains are his also.
⁵ The sea is his and he made it:
his hands moulded dry land.
⁶ Come, let us worship and bow down:
and kneel before the Lord our maker.
⁷ For he is the Lord our God:
we are his people and the sheep of his pasture.
⁸ Today if only you would hear his voice—
'Do not harden your hearts as at Meribah:
as on that day at Massah in the wilderness;
⁹ 'When your forebears tested me:
put me to proof, though they had seen my works.
¹⁰ 'Forty years long I loathed that generation and said:
**"It is a people who err in their hearts,
for they do not know my ways";**
¹¹ 'Of whom I swore in my wrath:
"They shall not enter my rest."
For the word of the Lord, **thanks be to God.**

Romans 5: 1-11

¹ Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our

hearts through the Holy Spirit that has been given to us. ⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

For the word of the Lord, **thanks be to God.**

Song: Jesus Christ is Waiting (TiS 665)

The Lord be with you. **And also with you.**

The Gospel of our Lord Jesus Christ according to John chapter 4 beginning at verse 5.

Glory to you Lord Jesus Christ.

John 4: 5-42

⁵ So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷ A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' ¹¹ The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?' ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' ¹³ Jesus said to her, 'Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' ¹⁵ The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' ¹⁶ Jesus said to her, 'Go, call your husband, and come back.' ¹⁷ The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!' ¹⁹ The woman said to him, 'Sir, I see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' ²¹ Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.' ²⁵ The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' ²⁶ Jesus said to her, 'I am he, the one who is speaking to you.' ²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' ³⁰ They left the city and were on their way to him. ³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another

reaps.”³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’³⁹ Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days.⁴¹ And many more believed because of his word.⁴² They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

For the Gospel of the Lord, **praise to you Lord Jesus Christ.**

Sermon - www.stpaulsashgrove.org.au/sermons/

Silence

Nicene Creed

Let us together affirm the faith of the Church

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Accept our prayers through Jesus Christ our Lord, who taught us to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Lord, have mercy
Christ, have mercy
Lord, have mercy

Compassion and forgiveness belong to our God, however far we may have wandered from God's way.

(silence)

Let us then ask for mercy, confessing our sins in penitence and faith.

**Merciful God,
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who return in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. Amen.

We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. **And also with you.**

All may exchange a sign of peace, maintaining 1.5m separation and without touching.

Song: Your Hand, O God, Has Guided (TiS 456)

While we will now be passing around the collection bowls again you may like to also consider giving electronically through your bank. St Paul's bank details are Name: Ithaca-Ashgrove Anglican Parish BSB: 704901 Acc NO: 00004420

Blessed are you, Lord, God of all creation.
Through your goodness we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.

Blessed be God for ever

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

...and forever we praise you, saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

...Do this, as often as you drink it, in remembrance of me.'

Christ has died.

Christ is risen.

Christ will come again.

...in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

We break this bread to share in the body of Christ.

We who are many are one body,

for we all share in the one bread.

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us your peace.

The gifts of God for the people of God. Come let us take this holy sacrament in remembrance that Christ died for us, and feed on him in our hearts by faith with thanksgiving.

Please come forward to receive the bread and wine. Gluten free wafers are available (please ask). If you prefer not to receive communion, please come forward for a blessing (keep your hands behind your back).

With the high incidence of Covid and influenza in the community we ask you to:

- *Maintain physical distancing of 1.5m as you move forward*
- *Use hand sanitiser before receiving the bread and wine*
- *NOT intinct (dip the bread in the wine)*
- *Take wine only if you are free from symptoms and free of anxiety about drinking from the common cup. Be assured that Christ is present in you and for you as you receive the bread alone.*

Silence for communion

God of mercy,
 May we who have shared in this holy meal
 Know your forgiveness in our lives,
 Bring your reconciliation to others,
 And be a sign of your wholeness in this broken world.

**Most loving God,
 you send us into the world you love.
 Give us grace to go thankfully and with courage
 in the power of your Spirit**

Announcements

Please stand for the blessing

Christ our Saviour draw you to himself,
 that you may find in him
 A solid ground on which your faith might grow,
 An unshakeable structure to support your hope,
 and the assurance of absolute forgiveness, reconciliation and eternal life;
 and the blessing of God most gracious,
 the Father, the Son and the Holy Spirit,
 be among you and remain with you always. **Amen**

Go in peace to love and serve the Lord: **In the name of Christ. Amen**

Song: God Gives us a Future (TiS 687)

ACKNOWLEDGEMENTS

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ST PAUL'S NOTICEBOARD

Join us for morning tea after the service!

Upcoming events

Sun 26 March, 11am

Westside Orchestra Concert – come join us for a morning of inspiring, gentle and toe tapping music by Australian composers. Tickets are \$5 and on sale now through this link <https://events.humanitix.com/an-australian-idyll> or you are able to buy them at the door.



Sun 19 March

Combined Service and Parish Council Meeting (after morning tea)

Sat 1 April

Practically Spiritual, 8.30am in the Crypt - a group that meets once a month to reflect on theological books. Talk to Revd Kathy

Sun 2 April

Palm Sunday, 7.30am and 9am

Thurs 6 April

Maundy Thursday, 6pm

Fri 7 April

Good Friday, 8.30am

Sat 8 April

Holy Saturday, 7pm

Sun 9 April

Easter Day, 8.30am

Mon 17 April, 7.30pm

Book Club in the Crypt. If you would like to join you are very welcome. Just speak to one of the Bookclubbers. The chosen book is **Sense and Sensibility** by **Jane Austen**

Playgroup - weekly on a Friday from 9.30-11.30am during school terms. \$4 per week to cover cost. Registered Playgroup with Play Matters.

Bible Study and Morning Prayer every Wednesday morning. **Prayer** from 9:05am and **Bible Study** from 9.45. Everyone welcome!

Lenten Studies:

Our Wednesday morning Bible study group will be following the Common Grace Lenten series on the Lord's Prayer this year. If you are unable to join us you can access the series at home at www.commongrace.org.au/the_lords_prayer_2023

For your prayers

The Archbishop Election Committee as they discern who will be our next Archbishop.

Ian, Wayne, Gemma and Yen, David, Revd Sue and the Goonaneman Parish, The Ward Family, Barb, Elizabeth, Melvie Rose, Sam, Kate, Liam, John, Anni, Revd Jack, Genevieve, Revd Margaret's niece, Nick, The Paul Family and the LAMB Medical Ministry in Bangladesh. We give thanks for the continued good health of Anni. And for Joy, Margaret S and Romola who are at home or in a nursing home.