

# Holy Communion at St Paul's, Ashgrove

## Trinity Sunday, 2023



**Song:** Holy, Holy, Holy (TiS 132)

Blessed be God: Father, Son and Holy Spirit.  
**Blessed be God's kingdom, now and for ever.**

The Lord be with you.  
**And also with you**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Glory to God in the highest,  
and peace to God's people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

Trinity of love,  
deposing the powers  
of hate and isolation;  
gathering creation  
in bonds of mutual care:  
through the waters of baptism  
may our relatedness be reborn  
in justice, mercy and peace;  
through Jesus Christ, who is with us always. **Amen.**

As is appropriate for Trinity Sunday and for Reconciliation Week, we pray together:

**God of Holy Dreaming, Great Creator Spirit,  
from the dawn of creation you have given your children  
the good things of Mother Earth.  
You spoke and the gum tree grew.  
In the vast desert and dense forest, and in cities at the water's edge,  
Creation sings your praise.  
Your presence endures as the rock at the heart of our Land.  
When Jesus hung on the tree you heard the cries  
of all your people and became one with your wounded ones:  
the convicts, the hunted, the dispossessed.  
The sunrise of your Son coloured the earth anew,  
and bathed it in glorious hope.  
In Jesus we have been reconciled to you,  
to each other and to your whole creation.  
Lead us on, Great Spirit,  
as we gather from the four corners of the earth;  
enable us to walk together in trust from the hurt and shame of the past  
into the full day which has dawned in Jesus Christ. Amen**

(A Thanksgiving for Australia, APBA p218)

### **Exodus 34: 1-8**

- <sup>1</sup> The Lord said to Moses, 'Cut two tablets of stone like the former ones, and I will write on the tablets the words that were on the former tablets, which you broke.  
<sup>2</sup> Be ready in the morning, and come up in the morning to Mount Sinai and present yourself there to me, on the top of the mountain.  
<sup>3</sup> No one shall come up with you, and do not let anyone be seen throughout all the mountain; and do not let flocks or herds graze in front of that mountain.'  
<sup>4</sup> So Moses cut two tablets of stone like the former ones; and he rose early in the morning and went up on Mount Sinai, as the Lord had commanded him, and took in his hand the two tablets of stone.  
<sup>5</sup> The Lord descended in the cloud and stood with him there, and proclaimed the name, 'The Lord.'  
<sup>6</sup> The Lord passed before him, and proclaimed,  
'The Lord, the Lord,  
a God merciful and gracious,  
slow to anger,  
and abounding in steadfast love and faithfulness,  
<sup>7</sup> keeping steadfast love for the thousandth generation,  
forgiving iniquity and transgression and sin,  
yet by no means clearing the guilty,  
but visiting the iniquity of the parents  
upon the children  
and the children's children,  
to the third and the fourth generation.'  
<sup>8</sup> And Moses quickly bowed his head towards the earth, and worshipped.

For the word of the Lord,  
**Thanks be to God.**

### **Song of 3YM 29-34**

Blessed are you, the God of our forebears:  
**worthy to be praised and exalted for ever.**

Blessed is your holy and glorious name:

**worthy to be praised and exalted for ever.**

Blessed are you, glorious in your holy temple:

**worthy to be praised and exalted for ever.**

Blessed are you who behold the depths:

**worthy to be praised and exalted for ever.**

Blessed are you on the throne of your kingdom:

**worthy to be praised and exalted for ever.**

Blessed are you in the heights of heaven:

**worthy to be praised and exalted for ever.**

#### **Ephesians 4: 1-6, 17-32**

<sup>1</sup> I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup> with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup> making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup> one Lord, one faith, one baptism, <sup>6</sup> one God and Father of all, who is above all and through all and in all. <sup>17</sup> Now this I affirm and insist on in the Lord: you must no longer live as the Gentiles live, in the futility of their minds. <sup>18</sup> They are darkened in their understanding, alienated from the life of God because of their ignorance and hardness of heart. <sup>19</sup> They have lost all sensitivity and have abandoned themselves to licentiousness, greedy to practise every kind of impurity. <sup>20</sup> That is not the way you learned Christ! <sup>21</sup> For surely you have heard about him and were taught in him, as truth is in Jesus. <sup>22</sup> You were taught to put away your former way of life, your old self, corrupt and deluded by its lusts, <sup>23</sup> and to be renewed in the spirit of your minds, <sup>24</sup> and to clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness. <sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil. <sup>28</sup> Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup> Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup> and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

For the word of the Lord,

**thanks be to God.**

**Song:** Father, Lord of all Creation (TiS 631 to ABBOT'S LEIGH 153)

The Lord be with you. **And also with you.**

The Gospel of our Lord Jesus Christ according to Matthew chapter 28 beginning at verse 16.

**Glory to you Lord Jesus Christ.**

#### **Matthew 28: 16–20**

<sup>16</sup> Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. <sup>17</sup> When they saw him, they worshipped him; but some doubted. <sup>18</sup> And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. <sup>19</sup> Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

For the Gospel of the Lord, **praise to you Lord Jesus Christ.**

Silence

Nicene Creed

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

**God of the nations,  
whose sovereign rule brings justice and peace,  
have mercy on our broken and divided world.  
Shed abroad your peace in the hearts of all  
and banish from them the spirit that makes for war,  
that all races and peoples may learn to live**

as members of one family and in obedience to your law,  
through your Son, Jesus Christ our Lord. Amen

God who made our home,  
And made your home with us,  
Yet often had no place to lay your head,  
Have mercy today on all who have no home.  
Provide shelter and protection,  
A future and a hope,  
To all whose beds tonight will be unsafe, unstable or exposed.  
Grant wisdom and compassion,  
To everyone with power or resources  
To provide housing solutions,  
So that all may live in peace  
And share with equity and thanksgiving  
The good things you provide  
Through Jesus Christ our Lord. Amen

Accept our prayers through Jesus Christ our Lord, who taught us to pray,

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

Lord, have mercy  
**Christ, have mercy**  
Lord, have mercy

The Triune God calls us to live in loving unity and delighted diversity.

Let us then leave behind all hatred and rivalry, opening our hearts and hands to all creation.

Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.

Almighty God,  
who has promised forgiveness

to all who return in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. Amen.

We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. **And also with you.**

**Song:** Glory Be to God the Father (TiS 142)

*While we are now passing around the collection bowls again you may like to also consider giving electronically through your bank. St Paul's bank details are Name: Ithaca-Ashgrove Anglican Parish BSB: 704901 Acc NO: 00004420*

Blessed are you, Lord, God of all creation.  
Through your goodness we have these gifts to share.  
Accept all we have, all we give, and all we are,  
As we dedicate it all to your glory  
and for the service of your kingdom.  
**Blessed be God for ever**

The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

...To sing together the eternal song:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

...Do this in remembrance of me.'

**Christ has died.  
Christ is risen.  
Christ will come again.**

...all glory is yours, eternal God, now and for ever.  
**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.**

***Jesus, redeemer of the world, grant us your peace.***

The gifts of God for the people of God.  
Come let us take this holy sacrament  
in remembrance that Christ died for us,  
and feed on him in our hearts by faith  
with thanksgiving.

*Please come forward to receive the bread and wine. Gluten free wafers are available (please ask).  
If you prefer not to receive communion, please come forward for a blessing (keep your hands  
behind your back).*

*With the high incidence of Covid and influenza in the community we ask you to:*

- *Maintain physical distancing of 1.5m as you move forward*
- *Use hand sanitiser before receiving the bread and wine*
- *NOT intinct (dip the bread in the wine)*
- *Take wine only if you are free from symptoms and free of anxiety about drinking from the common cup. Be assured that Christ is present in you and for you as you receive the bread alone.*

*Silence for communion*

Almighty and eternal God, may we who have received this sacrament of your Son's body and blood worship you in all we do, proclaim your word to all the world, and live in the power of your Spirit.

**Most loving God,  
you send us into the world you love.  
Give us grace to go thankfully and with courage  
in the power of your Spirit.**

Announcements

**Song:** Let There be Light (TiS 447)

*Please stand and turn to face the back for the blessing*

Go in peace to love and serve the Lord: **In the name of Christ. Amen**

ACKNOWLEDGEMENTS

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# ST PAUL'S NOTICEBOARD

Join us for morning tea after the service!

## Upcoming events

### A REMINDER: June is Goodna Pantry Month

Please leave donations at the back of the church or drop them off to the office on Wednesday or Friday mornings.

- Sun 11 June, 11-12pm     **Westside Orchestra** – *Folks around the world*, join us for a musical journey around the world exploring our globe's folk music. Featuring world premier of work by Brisbane composer **Alys Rayner**. Tickets are \$5 and can be purchased from <https://events.humanitix.com/folks-around-the-world>.
- Sat 17 June     **Men's Breakfast** – join us for breakfast at 7.30am in the Crypt.
- Sun 18 June, 2-4pm     **Women Peace Symposium** – *Empowerment of Women through My Faith*, Mubarak Mosque 456 Old Cleveland Road, Camp Hill. **Rev Margaret will be one of the Christian faith speakers.**
- Sun 25 – Fri 30 June     **Senior Ichthus Camp** (Grades 10-12) at Glendalough, Perigian Beach – registrations are open now - [www.aycf.org.au/registration](http://www.aycf.org.au/registration)
- Sun 2 July     **Evensong** at The Cathedral, 6pm – Rev Margaret will be speaking on George MacDonald
- Mon 3 July, 7.30pm     **Book Club** in the Crypt. If you would like to join you are very welcome. Just speak to one of the Bookclubbers. The chosen book is **Lessons in Chemistry** by **Bonnie Garmus**
- Sun 16 July     **Bishop Jeremy visiting** – if there is anyone that would like to be confirmed please contact Rev Margaret

**Jubilee Terrace Playgroup** - weekly on a Friday from 9.30-11.30am during school terms. \$4 per week to cover cost. Registered Playgroup with Play Matters.

**Bible Study and Morning Prayer** every Wednesday morning during school terms. **Prayer** from 9:05am and **Bible Study** from 9.45. Everyone welcome!

**Would you like to get more involved?** In addition to our regular activities, we would love to start organising BBQs, trivia nights, a craft group, a writer's group, a social justice group, etc. If you would like to be involved with any of these, or if you have other ideas for things we might begin, please get in touch with Rev Margaret.

### For your prayers

**The Archbishop Election Committee as they discern who will be our next Archbishop.**

Marian, Everton Park Congregation, Avril, Gemma and Yen, Revd Sue and the Goonaneman Parish, Elizabeth, Revd Jack and the LAMB Medical Ministry in Bangladesh.

We give thanks for the continuing recovery of Sam and Genevieve. And for Joy and Romola who are at home or in a nursing home.

*If you know of someone who needs our prayers, please put a note in the 'Everything Box' or email our office. We will include them in our intercessions for a month. If they still need prayer after a month, please get in touch again.*