

# Holy Communion at St Paul's, Ashgrove

## Pentecost 10 (Ordinary 18)

6<sup>th</sup> August 2023

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### Hymn - Tis 168 For The Fruits Of All Creation

Blessed be God: Father, Son and Holy Spirit.

**Blessed be God's kingdom, now and for ever.**

The Lord be with you.

**And also with you.**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleans the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Glory to God in the highest,  
and peace to God's people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

O God, giver of life and health,  
whose Son Jesus Christ has called us  
to hunger and thirst for justice:  
refresh us with your grace,  
that we may not be weary in well-doing,  
for the sake of him who meets all our needs,  
Jesus Christ our Saviour;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had.

Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

For the word of the Lord, **Thanks be to God.**

**Psalm 17: 1-7,16**

- 1 Hear my just cause, O Lord, give heed to my cry:  
listen to my prayer, that comes from no lying lips.
- 2 **Let judgement for me come forth from your presence:  
and let your eyes discern the right.**
- 3 Though you search my heart,  
and visit me in the night-time:  
though you try me by fire,  
you will find no wickedness in me.
- 4 **My mouth does not transgress,  
like the mouth of others:  
for I have kept the word of your lips.**
- 5 My steps have held firm in the way of your commands:  
and my feet have not stumbled from your paths.
- 6 **I call upon you, O God, for you will surely answer:  
incline your ear to me, and hear my words.**
- 7 Show me the wonders of your steadfast love,  
O saviour of those who come to you for refuge:  
who by your right hand deliver them  
from those that rise up against them.
- 16 **And I also shall see your face, because my cause is just:  
when I awake and see you as you are, I shall be satisfied.**

**A reading from the letter of Paul to the Romans**

**9: 1-8**

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh.

They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen..

It is not as though the word of God had failed. For not all Israelites truly belong to Israel, and not all of Abraham's children are his true descendants; but "It is through Isaac that descendants shall be named for you." This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

For the word of the Lord, **thanks be to God**

## Hymn - TiS 428 Help Us O Lord to Learn

The Lord be with you.  
**And also with you.**

The gospel of our Lord Jesus Christ according to Matthew chapter 14 beginning at verse 13  
**Glory to you, Lord Jesus Christ**

Now when Jesus heard that Herod had beheaded John the Baptist, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

For the Gospel of the Lord,  
**praise to you Lord Jesus Christ.**

**Sermon - [www.stpaulsashgrove.org.au/sermons](http://www.stpaulsashgrove.org.au/sermons)**

*Silence*

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

.....  
**God of the nations,  
whose sovereign rule brings justice and peace,  
have mercy on our broken and divided world.  
Shed abroad your peace in the hearts of all  
and banish from them the spirit that makes for war,  
that all races and peoples may learn to live  
as members of one family  
and in obedience to your law,  
through your Son, Jesus Christ our Lord. Amen**

.....  
**God who made our home,  
And made your home with us,  
Yet often had no place to lay your head,  
Have mercy today on all who have no home.  
Provide shelter and protection, a future and a hope,  
To all whose beds tonight will be unsafe, unstable or exposed.  
Grant wisdom and compassion,  
To everyone with power or resources  
To provide housing solutions,  
So that all may live in peace  
And share with equity and thanksgiving  
The good things you provide  
Through Jesus Christ our Lord. Amen**

.....  
Accept our prayers through Jesus Christ our Lord, who taught us to pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

Lord, have mercy

**Christ, have mercy**

Lord, have mercy

Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'

Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,**

**our maker and our judge,**

**we have sinned against you**

**in thought, word, and deed,**

**and in what we have failed to do:**

**we have not loved you with our whole heart;**

**we have not loved our neighbours as ourselves;**

**we repent, and are sorry for all our sins.**

**Father, forgive us.**

**Strengthen us to love and obey you in newness of life;**

**through Jesus Christ our Lord. Amen.**

Almighty God,

who has promised forgiveness to all who turn to him in faith:

pardon you and set you free from all your sins,

strengthen you in all goodness

and keep you in eternal life,

through Jesus Christ our Lord. Amen.

We are the body of Christ.

**His Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

*All may exchange a sign of peace, maintaining 1.5m separation and without touching.*

**Hymn - TiS 511 Let Us Break Bread Together with the Lord**

*While we are now passing around the collection bowls again you may like to also consider giving electronically through your bank. St Paul's bank details are Name: Ithaca-Ashgrove Anglican Parish BSB: 704901 Acc NO: 00004420.*

Blessed are you, Lord, God of all creation.

Through your goodness we have these gifts to share.

Accept all we have, all we give, and all we are,

As we dedicate it all to your glory

and for the service of your kingdom.

**Blessed be God for ever**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Loving God,  
we thank you for this world of wonder and delight.  
You have given it to us to care for,  
so that all your creatures may enjoy its bounty.  
Lord our God,  
**we give you thanks and praise.**

We thank you that when we turned away from you,  
you sent Jesus to live and work as one of us,  
and bring us back to you.  
He showed us how to love you  
and set us free to love and serve one another.  
Lord our God,  
**we give you thanks and praise.**

We thank you that on the cross  
Jesus took away our sin,  
all that keeps us from each other and from you.  
He frees us from hate and fear,  
from all that destroys love and trust.  
Lord our God,  
**we give you thanks and praise.**

And so with everyone who believes in you,  
with all the saints and angels,  
we rejoice and praise you, saying:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of Lord.  
Hosanna in the highest.**

..Do this in remembrance of me. '

**Christ has died.  
Christ is risen.  
Christ will come again.**

...Accept our prayers through Jesus Christ our Lord.

**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us your peace.**

*Please come forward to receive the bread and wine. Gluten free wafers are available (please ask). If you prefer not to receive communion, please come forward for a blessing (keep your hands behind your back).*

*With the high incidence of Covid and influenza in the community we ask you to:*

- *Maintain physical distancing of 1.5m as you move forward*

- Use hand sanitiser before receiving the bread and wine
- NOT intinct (dip the bread in the wine)
- Take wine only if you are free from symptoms and free of anxiety about drinking from the common cup. Be assured that Christ is present in you and for you as you receive the bread alone.

*Silence for communion*

Bountiful God,  
 at this table you graciously feed us  
 with the bread of life and the cup of eternal salvation.  
 May we who have reached out our hands to receive  
 this sacrament  
 be strengthened in your service;  
 we who have sung your praises  
 tell of your glory and truth in our lives;  
 we who have seen the greatness of your love  
 see you face to face in your kingdom  
 and come to worship you with all your saints  
 for ever.

**Most loving God,  
 you send us into the world you love.  
 Give us grace to go thankfully and with courage  
 in the power of your Spirit.**

*Announcements*

**Hymn - TiS 658 I, the Lord of Sea and Sky**

*Please stand and turn to face the back for the blessing*

Go in peace to love and serve the Lord: **In the name of Christ. Amen**

**ACKNOWLEDGEMENTS**

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# ST PAUL'S NOTICEBOARD

Join us for morning tea after the service!

## Upcoming events

- Mon 21 Aug, 7.30pm      **Book Club** in the Crypt. Everyone welcome. Currently reading *The Rose Code* by Kate Quinn
- Sun 27 Aug                **Women's and Girl's High Tea**, 2.30-4.30pm, \$10 single or \$15/family
- Sat 2 Sept                **Patrick Oliver** speaking at **Practically Spiritual**, 8.30-10.30am
- Sun 3 Sept                **Westside Orchestra Concert** including Father's Day BBQ, 11am-1pm
- Fri 29 – Sat 30 Sept      **Bookfest** - with craft and plant stall!

**Jubilee Terrace Playgroup** - weekly on a Friday from 9.30-11.30am during school terms. \$4 per week to cover cost. Registered Playgroup with Play Matters.

**Bible Study and Morning Prayer** every Wednesday morning during school terms. **Prayer** from 9:05am and **Bible Study** from 9.45. Everyone welcome!

**Would you like to get more involved?** In addition to our regular activities, we would love to start organising BBQs, trivia nights, a craft group, a writer's group, a social justice group, etc. If you would like to be involved with any of these, or if you have other ideas for things we might begin, please get in touch with Rev Margaret.

### For your prayers

**The Archbishop Election Committee as they discern who will be our next Archbishop.**

Aston, Rosie, Anne, Genevieve, Brendon, Angela, Liam, Marian, Everton Park Congregation, Revd Sue and the Goonaneman Parish, Elizabeth, Revd Jack and the LAMB Medical Ministry in Bangladesh. We give thanks for the continuing recovery of Sam. And for Joy and Romola who are at home or in a nursing home.

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